



## NIGHT OWLS MENU

3-week Lunch Menu

3:20pm Snack Time a  
selection of  
Fruit (apples, oranges)  
Rice Cake  
Raisins  
Cheese biscuits  
Breadsticks



[maldenparochial.co.uk](http://maldenparochial.co.uk)

### WEEK 1

5.1.26, 26.1.26, 23.2.26, 16.3.26

MONDAY	Fish Fingers & Baked Beans
TUESDAY	Ham & Cheese, Cheese & Tomato Wraps
WEDNESDAY	Cheese Pasta and Tomato Sauces
THURSDAY	Chicken or Vegetable Burger in a Bun
FRIDAY	Build Your Own Pitta Pizza

### WEEK 2

12.1.26, 2.2.26, 2.3.26, 23.3.26

MONDAY	Potato Wedges with Cheesy-bean Turnover
TUESDAY	Pizza Bagels
WEDNESDAY	Hot Dog or Quorn Sausage Dog
THURSDAY	Pizza Swirls
FRIDAY	Build Your Own Pitta Pizza

### WEEK 3

19.1.26, 9.2.26, 9.3.26

MONDAY	Filled Wraps Chicken Mayo Lettuce
TUESDAY	Potato Wedges with Cheesy-bean Turnover
WEDNESDAY	Chicken/Veg Nuggets Oven Chips
THURSDAY	Pasta Bake and Garlic Bread
FRIDAY	Build Your Own Pitta Pizza

### DESSERT

MONDAY	Cupcake Monday
TUESDAY	Greek Yoghurt & Honey
WEDNESDAY	Chocolate Chip Muffin
THURSDAY	Brownie
FRIDAY	Cookies