



Reflecting the Kingdom of God by Enriching and Transforming Lives

Learning Map *PSHE*

EYFS

Who keeps us safe? Who keeps us safe in different places?

What is special about me?

Food How do we use foods to celebrate and keep us healthy?

Feelings What makes us happy and sad?

1

Fun Times What are some playground games from around the world?

Feeling Safe Who can you ask for help?

Me and Others What makes you special?

Feelings What can someone do if they're angry?

2

What do we put in our bodies? Which things are good or not so good for my body?

My Money What jobs do people do?

What Keeps me Healthy What is a healthy diet and lifestyle?

Friendship What can help when things are difficult for friends?

Strengths and Challenges How can you approach solving a problem?

Tobacco is a Drug How can smoking affect people's bodies?

Medicine and Me Why do people use medicine?

Boys and Girls, Families What ways do people care for each other?

3

Celebrating Difference What is good and bad about being part of a group?

Bullying - See it, Say it, Stop it What is bullying?

Indoor and Outdoor What are rules for keeping safe in different places?

Saving, Spending and Budgeting What skills are useful for different jobs?

What Helps me choose? What things might people think about when buying food?

Making Choices Where can people go for help if they are worried about someone using drugs?

Playing Safe How do you evaluate a place for risk?

4

Democracy What does it mean to live in a democracy.

What is important to me What influences people's choices about the food they buy?

Different Influences What are the risks associated with different drugs?

Borrowing and Earning Money What is helpful to think about before borrowing money?

Dealing with Feelings: What can people do to help manage difficult or strong feelings?

Discrimination and Prejudice: What Types of Discrimination are There?

5

Growing Up and Changing: What are the mental, emotional and physical changes someone goes through during puberty?

Making Safer Choices: Where can you ask for help if you don't feel safe?

In The Media: What Makes Someone a Positive Role Model

6

Weighing up the Risk: What ways can you assess the level of risk in a drug use situation.

Healthy Minds: How can people look after their mental health everyday?

Healthy Relationship What qualities are needed for a healthy relationship?

Human Rights What are the characteristics of feeling at home?

Keeping Safe - Out and About What opportunities and risks are there when you're out and about?

Love Wisdom Joy Peace