



MID-WEEK MOMENTS

MALDEN PAROCHIAL CHURCH OF ENGLAND PRIMARY SCHOOL

REFLECTING THE KINGDOM OF GOD BY ENRICHING AND TRANSFORMING LIVES

05.03.2025

INFORMATION

Please be advised the green gate will now be closed. Please use the black gate for the foreseeable future.

The children will be watching a dress rehearsal of MPS The Musical: The Vicar, The Vision during the school day however they are welcome to attend the evening performance if they would like to watch it again.



Easter Egg Raffle is back! Each year has been assigned an Easter egg that is available to win. Tickets are £1 on ParentMail and available to purchase until 2nd April.

Thank you to the students at Nescot College who visited the school and showed the children their performance about Friendship.



CELEBRATION CORNER

Our recent Good Work Bags have been given out to Alice N, Alice J, Mariella and Hadley, Lana, Layannah who have all produced such excellent pieces of work - Well done!



Congratulations to the Year 2 boys who participated in a football tournament today, they won 2 of their matches - go team!

A group of Year 5 and 6 boys also represented the school at the football quarter final. Well done for participating and thank you to the parents and grandparents who took the players.



REMINDERS

World Book Day dress up is tomorrow, 6th April. Children can come in to school dressed as their favourite book character. We can't wait to see all their creative costumes!

Ramadan donations - there is still time to drop any donations off to the school office.

UPCOMING EVENTS

10th - Reception and Year 6 Weighing and Measuring Programme - email the school office if you would like to withdraw your child

12th - Yr 5 and 6 NFL Flag Tournament

13th - Reception, Yr 1 and 2 Trip to Royal Festival Hall

'Save the Date' 2nd April - Parent/Carer Consultations from 1.50pm to 7pm

CONTACT INFO

Email: office@maldenparochial.school

Phone: 02083374804

Travelling Book Fair: Tuesday 11th - Friday 14th March

We are delighted to be welcoming the book fair by Travelling Books to our school next week. Please see the attached leaflet to browse the highlights before it arrives. There is something for every pocket on the book fair to assist with the rise in the cost of living. Approximately 20% of titles are under £5.



The book fair will be held in the playground (weather permitting) from 3pm - 4pm. World Book Day tokens can be accepted at the fair, £1 per pupil off any title.

Cashless payment only please. Card details will be required to checkout using the payment platform.



FUEL FREE
spaces
available at
both Kingston &
Worcester Park
club



**Ofsted
registered**

**Open 8:10am (8:15am
for Worcester Park)
- 6pm for children
aged 3-12 (5-12 For
FUEL)**



**From £24 for
half day**

**Worcester Park -
Malden Parochial C of E
Primary School
(KT4 7LW)**



**Sibling & full week
discounts
available**

**Kingston-
St. Paul's C of E Primary
School
(KT2 6AZ)**

**Half days and
full days available**

**For more information phone
07359380777**

Join us in April Break - 7th to 17th April

**<https://fun-fest.co.uk/worcesterpark/>
<https://fun-fest.co.uk/kingston/>**

Year 7 and on SEN Support?

Discussing:

- The transition process
- Effective information sharing with the new school
- What to do if concerned with the placement
- Signposting to more guidance for the duration of transition

Online Parent Carer Workshops

19th March 12:00-13:00

21st March 12:00-13:00

27th March 13:30-14:30

Please note: This session is for those without an EHCP on SEN Support

Join us at www.rksendiass.co.uk



SQUAD TRIALS
2025/26 SEASON

Sunday matches in Surrey Primary League

Home matches at AELTC Grand Drive and Raynes Park Sports Ground

Training on floodlit astro pitches at Blagdon's Sports Ground

U7-U12 – Saturday 15th March 11.15am-1pm
Raynes Park Sports Ground, Taunton Avenue

U13-U15 – Tuesday 18th March 6pm-8pm
Blagdon's Sports Ground, Beverley Way



Advance registration (use QR code)

In association with





BREAD LAB

NEWSLETTER

A Holistic Approach to Preventing Obesity and Eating Disorders

Obesity and eating disorders often share similar root causes, including restrictive dieting, media influence, body dissatisfaction, and weight-related teasing. Dieting could backfire, leading to more weight gain and unhealthy eating habits, while media promotes unrealistic body standards that contribute to poor self-image. Body dissatisfaction and teasing further increase the risk of extreme dieting or overeating, negatively impacting mental and physical health. Effective prevention strategies should focus on promoting balanced nutrition, media awareness, body confidence, and supportive social environments. Taking a holistic approach to these shared risk factors can improve individuals' well-being and reduce the prevalence of weight-related disorders.

Haines, J., & Neumark-Sztainer, D. (2006). Prevention of obesity and eating disorders: A consideration of shared risk factors. *Health Educator Research*, 23(6), 770-782. <https://doi.org/10.1093/her/cyl094>



Interested in Our Research? Contact Us!

- To participate in our research: <https://forms.office.com/e/xsZi5unVkJ>
- Email us at: breadlabkingston@gmail.com
- For more information, visit our website: <https://sites.google.com/view/breadlab>
- Visit our Linktree: <https://linktr.ee/breadlabkingston>
- Follow us on social media!



The Details of Binge Eating: Share Your Story & Earn £10!

Join us to explore eating behaviors! Your participation will provide valuable insights to improve health strategies.



We seek individuals aged 18-40 with clinical binge eating disorder diagnosis or symptoms of binge eating disorder. Your input will help enhance support for others.



Participants will receive £10 for completing the study.



Sign up today and make a meaningful impact! For more details, contact Dianne Francisco at breadlabkingston@gmail.com.

⚽ META Study Update! 🏀

We delivered META-ADHD, a multi-component exercise intervention, to 14 children and their parents. Our data suggested that both children and parents perceived META-ADHD as cognitively engaging, enjoyable, and accessible. Thirteen out of 14 parents also indicated that META has the potential to enhance cognition and fitness.



🏠 NEAR-Kids Study Update! 🏠

The NEAR-Kids study is progressing, with 60 signups, 12 completed visits, and more in the pipeline.

Join Our Research Study on Exercise and Executive Function in School Children

Are you a parent of a child aged 7 to 11? We are recruiting children, **both with and without ADHD**. The study will involve testing The behaviour, brain activity and physical fitness of your child.

Receive £10 and help scientists learn more about ADHD!

Contact: breadlabkingston@gmail.com



CHRIST'S HOSPITAL

A SCHOOL LIKE NO OTHER

- ✓ Independent School of the Year 2024/25
- ✓ Co-ed boarding & day school for ages 11-18
- ✓ Fee assistance options available
- ✓ Near Horsham, West Sussex
- ✓ Open Morning 8 March

www.christs-hospital.org.uk



Lab



Sign Up Here

Kingston
University
London

Exercise Study for Executive Function in Children with ADHD

Recruiting

children, ages 7 to 11, with or without ADHD for a research study on the relationship between exercise and executive function in ADHD

Participation involves:

One set of behavioral assessments, brain activity assessment (EEG), and physical fitness assessments (Total of 4 hours)

Benefits of participating:

- Family will receive honorarium of £10 for participation
- Help scientists better understand brain function of ADHD



For more information, or to enroll,

Contact **Lauren Dacorro:**

<https://forms.office.com/e/DKmS1kv7WV>

breadlabkingston@gmail.com

<https://sites.google.com/view/breadlab/home>

For questions, concerns, complaints on participant rights, contact Dr. Stone Hsieh (s.hsieh@kingston.ac.uk)